



Our Service Area

We provide access to health care services in rural communities throughout 20,000 square miles of northern Wisconsin. The services we provide in each community vary based on that specific community's need, the services currently available and how we can work with existing partners. We strive to actively remove barriers to care by providing quality, integrated services to as many individuals as possible.

NorthLakes
COMMUNITY CLINIC

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nlccwi.org

Dentures

NorthLakes
COMMUNITY CLINIC

More Than A Smile

Whether you are missing some or all of your natural teeth, there are many benefits in getting full or partial dentures.

It's more than just your smile. Replacement teeth help fill out your smile by giving support to the cheeks and lips. Replacement teeth also create a vibrant appearance by holding up facial muscles and aiding in speaking, chewing, swallowing and smiling.



Questions About Dentures?

How do I care for my new teeth?

- Clean your dentures with a toothbrush specially designed for dentures and a denture cleaner.
- Do not use regular toothpaste, use denture toothpaste or cleaning paste. After removing and cleaning, rinse with water and submerge in a denture cleaning solution.
- For partial dentures, take special care to clean the area around clasps, as trapped food particles, combined with salivary acids and bacteria, may cause the abutment teeth to be more susceptible to decay.
- Using a denture adhesive may make the fit worse. A well fitted denture should adhere to the oral tissues with the natural aid of saliva.
- Please check in with us before routinely using any denture adhesive material.
- Each morning, brush your gums, tongue and palate with a soft bristled brush before you put in your dentures.

When should I return for care?

After the initial placement and fitting, minor adjustments may be required. You should also return so we can examine the soft tissues underneath the replacement teeth to ensure they are healthy. If there are other natural teeth remaining, please return for ongoing dental care to ensure you retain those teeth for a lifetime.

How long will it take to get used to replacement teeth?

Adapting to new teeth varies from person to person. Those who have full extractions and have dentures placed immediately should leave the dentures in until the postoperative appointment scheduled for the following day.

During healing, the dentures should be left in the mouth most of the time because they act as a “bandage” giving support to the oral tissues.

After the initial healing, your dentures should be removed upon retiring every evening. Remember that dentures should not dry out. This causes the material to shrink or distort. Always soak them in a denture cleaning solution or cool water before returning them to your mouth.

Should I make minor denture repairs at home?

It is best that you return to our office for repairs and adjustments. At the same time, they can be checked for fit and your mouth can be examined to ensure that all tissues are healthy.

What are dental implants?

Dental implants are the permanent way for you to replace missing teeth. Implants are metal posts or frames surgically placed into the jawbone. They provide stable support to artificial teeth, preventing full or partial dentures from shifting in your mouth. Dental implants can give your denture stability, returning your natural bite.

Will I experience changes in the way I speak or chew?

You may find that you occasionally bite your tongue or cheek until you get used to having dentures. Initially, you may want to make a few changes.

- Choose a soft or liquid diet
- Avoid sticky or hard foods
- Cutting food into smaller bites
- With full dentures, chew off bits of food from the side, rather than directly from the front

You may also notice some salivary and taste changes associated with your replacement teeth. This is to be expected when a new prosthesis is introduced.

With time, you will adjust to these changes and will feel a high degree of confidence and comfort when speaking and chewing.

Denture adjustments are covered at no charge up to 6 months.