



## Our Approach

Our staff is dedicated to providing you with excellent care and friendly service in a confidential atmosphere.

We provide counseling for all ages, and accept most insurance. Call any of our locations to schedule an appointment

**888.834.4551**



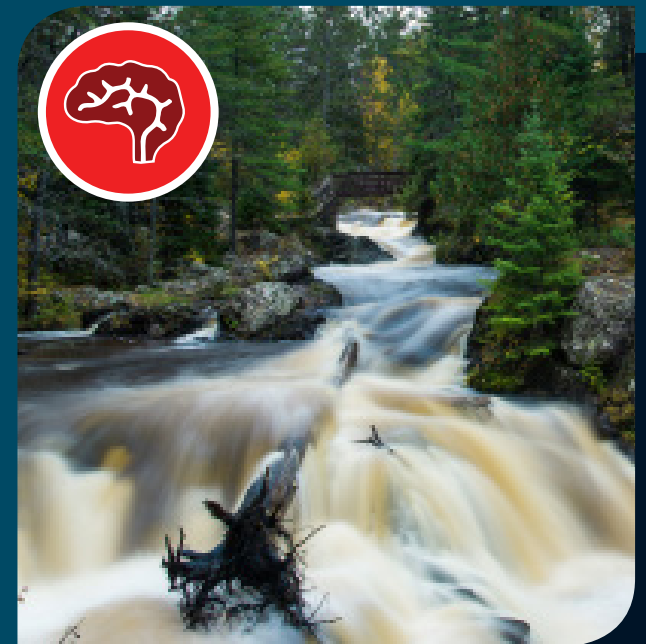
## Our Service Area

We provide access to health care services in rural communities throughout 20,000 square miles of northern Wisconsin. The services we provide in each community vary based on that specific community's need, the services currently available and how we can work with existing partners. We strive to actively remove barriers to care by providing quality, integrated services to as many individuals as possible.

**NorthLakes**  
COMMUNITY CLINIC

888.834.4551

[nlccwi.org](http://nlccwi.org)



## Recovery Medicine Services

**NorthLakes**  
COMMUNITY CLINIC



## Substance Use Disorder Therapy

If the disease of addiction is controlling your life, we have professionals that are trained to help guide you with taking control of your life back.

Substance abuse disorder can be an addiction to any drug such as alcohol, tobacco, pain pills or other medication, or street drugs. NorthLakes emphasizes five components of recovery:

- Health
- Purpose/Support
- Medication Treatment
- Education or Knowledge
- Community

Addiction Treatment can help with:

- Finding the healing process within us
- Teaching life skills
- Rebuilding connections
- Taking back control
- Relearning to taking care of oneself
- Changing addictive behaviors
- Long term sobriety skills
- Recognizing early recovery skills such as triggers and cravings

Many of our therapists can provide treatment for both mental health and substance abuse disorders. These can be related so having one therapist being able to help with both provides more integrated care.



*All of us are in Recovery and it is about making positive changes in our life, "self care". The first step is understanding and accepting who we are. Our recovery must come first, so the things that we love do not have to come last.*

*Regina Fox , BS, CSAC  
Substance Use Disorder Therapist*

*One of the most important aspects of the counseling work I do is helping people establish or reestablish a belief in themselves. That they are capable of finding solutions to life's difficulties and moving forward. My work is to come alongside them and help them identify their strengths, and employ these to overcome the barriers to their goals.*



*Todd Joseph, LPC-IT, CSAC  
Behavioral Health Therapist*