



Our Approach

Our staff is dedicated to providing you with excellent care and friendly service in a confidential atmosphere.

We provide counseling for all ages, including seniors and children. Call any of our locations to schedule an appointment



Our Service Area

We provide access to health care services in rural communities throughout 20,000 square miles of northern Wisconsin. The services we provide in each community vary based on that specific community's need, the services currently available and how we can work with existing partners. We strive to actively remove barriers to care by providing quality, integrated services to as many individuals as possible.

NorthLakes
COMMUNITY CLINIC

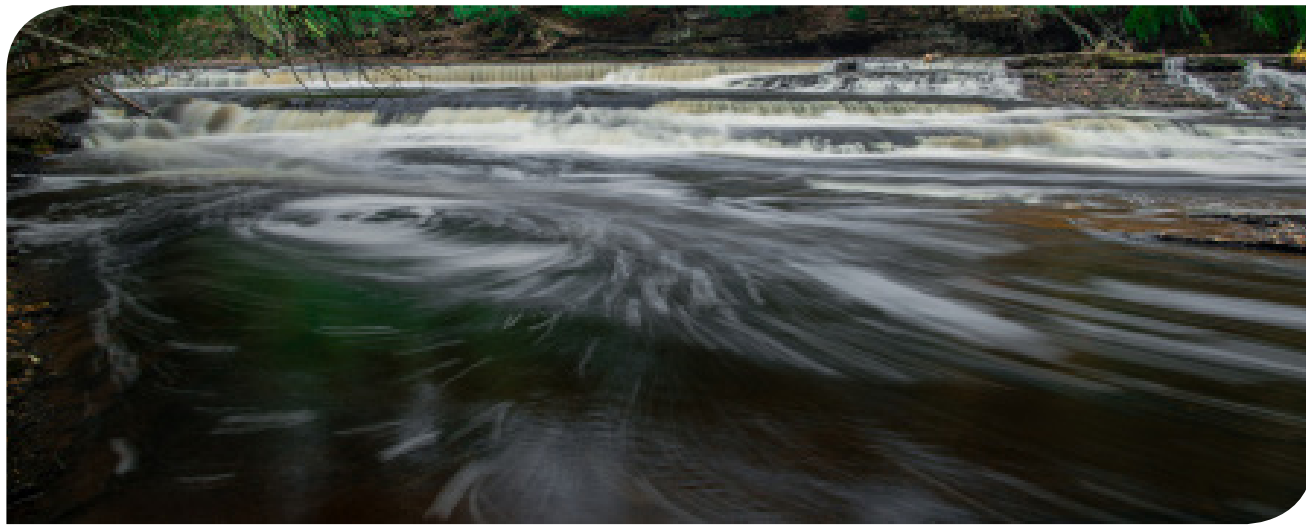
888.834.4551

nlccwi.org



Behavioral Health

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Mental Health Therapy

There are issues and behaviors that can bring down our quality of life. Our therapists work with people to make their lives more enjoyable and functional.

Mental Health Therapy can help with:

Sadness
Anxiety
Isolation
Social Anxiety
Trauma
Depression
OCD
Prolonged anger
Suicidal thoughts
and more

Many of our therapists can provide treatment for both mental health and substance abuse disorders. These can be related so having one therapist being able to help with both provides more integrated care.

Psychiatric Services

Some issues can be treated with medication. Psychiatric services works with patients to make sure these medications are working and not causing more problems. This is called medication management. A nurse practitioner collaborates with patients to provide the best care available.

Psychiatric Services can help with:

Medication Management
Assessments
Therapy
Evaluations
Life Management skills



The counseling work I do is helping people establish or reestablish a belief in themselves. That they are capable of finding solutions to life's difficulties and moving forward.

Todd Joseph,
LPC-IT, CSAC

Behavioral Health Therapist - Iron River

I believe in the power of therapy and its ability to transform lives. I like my practice to be client centered and solution focused. I learned first hand how powerful therapy can be in changing a person's life



Shelley
Gallenberg, PsyD
Behavioral Health Therapist - White Lake

At one point or another in our life we have to accept help from somebody outside of our immediate support group. Why wait until it becomes a crisis, divorce, being fired from a job, or court date?



Jes Springer, LCSW
Behavioral Health
Therapist -
Turtle Lake