



“My family likes trying new vegetables that we wouldn’t normally eat and learning new ways to cook with them. Some of our favorites to make have been beet and kale chips.”

For More
Information
Contact:

wellness@nlccwi.org

or

888.834.4551



Our Service Area

We provide access to health care services in rural communities throughout 20,000 square miles of northern Wisconsin. The services we provide in each community vary based on that specific community’s need, the services currently available and how we can work with existing partners. We strive to actively remove barriers to care by providing quality, integrated services to as many individuals as possible.

NorthLakes
COMMUNITY CLINIC

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Farm to Patient Program

NorthLakes
COMMUNITY CLINIC



The Farm to Patient program connects NorthLakes Community Clinic patients to fresh food from local farms. Patients in the program set individual wellness goals toward healthy living and are supported by NorthLakes with tested recipes, cooking tips, food storage information, and nutrition education.

Are you a good fit for the program?

Are you a current NorthLakes Community Clinic patient?

Do you have a financial barrier to buying fresh fruits and vegetables

Do you want to improve your health and wellness through eating and cooking fresh healthy foods?

Are you excited about trying new foods and new recipes?

Do you have access to basic cooking equipment?

Can you commit to picking up your food share regularly at a set time and place?

Are you willing to offer feedback and share about your experiences eating and cooking with your farm fresh foods?

If you answered yes to all of the above, we invite you to talk to your NorthLakes Community Clinic health care provider and fill out an application.

What You Receive

- A farm fresh box of seasonal produce once or twice a month called a Community Supported Agriculture share - or CSA.
- Nutrition education and support each time you pick up your share.
- Recipes and tips for identifying storing and eating your healthy foods.
- Support in making healthy eating and lifestyle changes!
- Goal setting with a NorthLakes staff member to help the program be successful for you.

