



## Pediatric Therapies

### Bowel/Bladder Therapy

As a parent you want to see your child participating in activities, having fun and being confident in who they are. Bowel and bladder issues can impact all of those areas of life and possibly more.

Our team is here to help. We offer a variety of treatment options that can be very effective in helping your child gain control over their eliminations. Call us today to learn more.

# NorthLakes

## COMMUNITY CLINIC

888.834.4551

[nlccwi.org](http://nlccwi.org)

# Symptoms

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Constipation

Frequent UTIs

Bowel accidents

Urinary frequency

Daytime and nighttime wetting

Infrequent or frequent urination

Having to “run” to the bathroom

Withholding the urge to empty

Difficulty with toilet training past the age of 4

Poor awareness of an urge to use the bathroom

Pain when urinating or with bowel movements

Straining during urination or bowel movements

# Treatment

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BioFeedback

Pelvic floor training

Reflex development

Dietary modifications

Respiration techniques

Body awareness training

Sensory integration strategies

Toilet scheduling and positioning

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